

# The Hangar Menu

January 2023

<p>2</p> <p><b>HOLIDAY</b></p>	<p>3</p> <p>CHICKEN TORTILLA SOUP CHICKEN FAJITA BAKE GROUND BEEF TACOS BLACK BEAN &amp; CORN QUINOA CILANTRO &amp; LIME RICE PINTO BEANS ROASTED SQUASH &amp; ZUCCHINI CORN ESQUITES</p>	<p>4</p> <p>CHICKEN NOODLE SOUP ORANGE CHICKEN BLACKENED CATFISH CHICKEN POTSTICKERS CHICKPEA &amp; CAULIFLOWER CURRY STEAMED RICE/FRIED RICE MIXED VEGETABLES GREEN BEANS MUSHROOMS &amp; ONIONS</p>	<p>5</p> <p>LUMBERJACK SOUP CHICKEN &amp; SAUSAGE JAMBALAYA BAKED SAVORY CHICKEN VEGETABLE DUMPLINGS MASHED POTATOES QUINOA GLAZED BABY CARROTS BRUSSELS SPROUTS</p>	<p>6</p> <p>CHICKEN GUMBO SOUP BBQ PORK CHOPS BREADED COD VEGETARIAN CHILI BAKED BEANS SWEET POTATO WEDGES MIXED VEGETABLES ROASTED BROCCOLI</p>
<p>9</p> <p>TOMATO FLORENTINE SOUP BREADED CHICKEN PARMESAN TURKEY MEAT SAUCE SUMMER FRESH MARINARA ROASTED RED POTATOES ROTINI CREAMED SPINACH MIXED VEGETABLES</p>	<p>10</p> <p>CHICKEN TORTILLA SOUP CHICKEN FAJITA BAKE GROUND BEEF TACOS BLACK BEAN &amp; CORN QUINOA CILANTRO &amp; LIME RICE PINTO BEANS ROASTED SQUASH &amp; ZUCCHINI CORN ESQUITES</p>	<p>11</p> <p>CHICKEN NOODLE SOUP ORANGE CHICKEN BLACKENED CATFISH CHICKEN POTSTICKERS CHICKPEA &amp; CAULIFLOWER CURRY STEAMED RICE/FRIED RICE MIXED VEGETABLES GREEN BEANS MUSHROOMS &amp; ONIONS</p>	<p>12</p> <p><b>CLOSED</b> <b>Training Day</b></p>	<p>13</p> <p>CHICKEN GUMBO SOUP BBQ PORK CHOPS BREADED COD VEGETARIAN CHILI BAKED BEANS SWEET POTATO WEDGES MIXED VEGETABLES ROASTED BROCCOLI</p>
<p>16</p> <p><b>HOLIDAY</b></p>	<p>17</p> <p>CHICKEN TORTILLA SOUP CHICKEN FAJITA BAKE GROUND BEEF TACOS BLACK BEAN &amp; CORN QUINOA CILANTRO &amp; LIME RICE PINTO BEANS ROASTED SQUASH &amp; ZUCCHINI CORN ESQUITES</p>	<p>18</p> <p>CHICKEN NOODLE SOUP ORANGE CHICKEN BLACKENED CATFISH CHICKEN POTSTICKERS CHICKPEA &amp; CAULIFLOWER CURRY STEAMED RICE/FRIED RICE MIXED VEGETABLES GREEN BEANS MUSHROOMS &amp; ONIONS</p>	<p>19</p> <p>LUMBERJACK SOUP CHICKEN &amp; SAUSAGE JAMBALAYA BAKED SAVORY CHICKEN VEGETABLE DUMPLINGS MASHED POTATOES QUINOA GLAZED BABY CARROTS BRUSSELS SPROUTS</p>	<p>20</p> <p>CHICKEN GUMBO SOUP BBQ PORK CHOPS BREADED COD VEGETARIAN CHILI BAKED BEANS SWEET POTATO WEDGES MIXED VEGETABLES ROASTED BROCCOLI</p>
<p>23</p> <p>TOMATO FLORENTINE SOUP BREADED CHICKEN PARMESAN TURKEY MEAT SAUCE SUMMER FRESH MARINARA ROASTED RED POTATOES ROTINI CREAMED SPINACH MIXED VEGETABLES</p>	<p>24</p> <p>CHICKEN TORTILLA SOUP CHICKEN FAJITA BAKE GROUND BEEF TACOS BLACK BEAN &amp; CORN QUINOA CILANTRO &amp; LIME RICE PINTO BEANS ROASTED SQUASH &amp; ZUCCHINI CORN ESQUITES</p>	<p>25</p> <p>CHICKEN NOODLE SOUP ORANGE CHICKEN BLACKENED CATFISH CHICKEN POTSTICKERS CHICKPEA &amp; CAULIFLOWER CURRY STEAMED RICE/FRIED RICE MIXED VEGETABLES GREEN BEANS MUSHROOMS &amp; ONIONS</p>	<p>26</p> <p>LUMBERJACK SOUP CHICKEN &amp; SAUSAGE JAMBALAYA BAKED SAVORY CHICKEN VEGETABLE DUMPLINGS MASHED POTATOES QUINOA GLAZED BABY CARROTS BRUSSELS SPROUTS</p>	<p>27</p> <p>CHICKEN GUMBO SOUP BBQ PORK CHOPS BREADED COD VEGETARIAN CHILI BAKED BEANS SWEET POTATO WEDGES MIXED VEGETABLES ROASTED BROCCOLI</p>
<p>30</p> <p>TOMATO FLORENTINE SOUP BREADED CHICKEN PARMESAN TURKEY MEAT SAUCE SUMMER FRESH MARINARA ROASTED RED POTATOES ROTINI CREAMED SPINACH MIXED VEGETABLES</p>	<p>31</p> <p>CHICKEN TORTILLA SOUP CHICKEN FAJITA BAKE GROUND BEEF TACOS BLACK BEAN &amp; CORN QUINOA CILANTRO &amp; LIME RICE PINTO BEANS ROASTED SQUASH &amp; ZUCCHINI CORN ESQUITES</p>			

Nutritional

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702.653.2906



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